

**Lent Midweek Worship**  
March 20, 2024



**St. Andrew's  
Lutheran Church**

914 West Boulevard South  
Columbia, MO 65203

573-449-5674 ✚ [SaintAndrewsLutheran.org](http://SaintAndrewsLutheran.org)

*A congregation of the Evangelical Lutheran Church in America*

**Welcome to worship!** Whether you are here for the first time or have been a life-long member, we pray that you experience God's presence in worship.

**All God's Children are Welcome!** If you have children, know that all of you are welcome in worship. Little people sounds tell us that everyone is here. If your little one becomes fussy, feel free to step out for a moment. Families may want to sit near the pray ground in the front left side of the Worship space. There are speakers in the gathering space.

**Pastoral Concerns** occasionally come up. In cases of severe illness, hospitalization, death, birth of a child, marriages, joys and sadness, many people would like a pastor to visit with them. Please be sure to contact the office to let us know of your desire.

**Offering** is received as a response to God's grace and blessing, and as an expression of our faith. Jesus tells us, "For where your treasure is, there your heart will be also." (Matthew 6:21)

**Holy Communion** is celebrated at nearly every service. Admission to the Sacrament is by invitation of the Lord, presented through the Church to those who are baptized. All are welcome.

**Interested in growing in faith?** If you have questions about what it means to enter into partnership in our shared ministry feel free to contact Pastor David.

### *Saint Andrew's Lutheran Church Welcome Statement*



At St. Andrew's Lutheran Church (ELCA), we hold space for you—the full you—including your race, age, ethnic background, personality, experiences, gender identity, sexual orientations, gender expressions, and mental, spiritual, and physical needs. Here, you are invited to worship, pray, play, be baptized, get married, and celebrate Holy Communion.

Together, we strive to eliminate human-caused barriers to a holy relationship with Jesus Christ and with one another. We hear the call to love our neighbor as a commitment to antiracism and welcome for our LGBTQIA+ siblings. We pledge to work intentionally to further justice and inclusion. We strive to glorify God in the ways we care for each other, our communities, and our planet. Recognizing that we are all siblings in Christ, we celebrate, affirm, and welcome individuals and families in all their beautiful and varied compositions. As a church that holds space just for you, we are better for having you and your unique voice here! Come just as you are!

# ***Welcome to St. Andrew's Lutheran Church***

*Page number references (such as p. 156) refer to numbers in the lower corners of the front of Evangelical Lutheran Worship (ELW) or All Creation Sings (ACS). Hymn numbers (such as ELW 605) refer to large numbers associated with songs—typically at the top of the page.*

## **You Shall Love the Lord Your God with All Your Strength**

Christ took upon himself the weakness of the cross to triumph in strength over the grave. Truly, God is our strength and our salvation.

**Link to Lent 5:** In Jeremiah 31, God longs to establish a new covenant, written on our hearts and in our lives. We are God's people, redeemed through the blood of Christ.

## **DIALOGUE**

My heart exults in the Lord;  
**my strength is exalted in my God.**  
There is no Holy One like the Lord,  
**there is no Rock like our God.**  
I called upon the Lord in my distress  
**and cried out to my God for help.**  
My flesh and my heart may fail,  
**but God is the strength of my heart.**

## **HYMN OF LIGHT**

*Joyous Light of Heavenly Glory*

ELW 561

- 1 Joyous light of heav'nly glory,  
loving glow of God's own face,  
you who sing creation's story,  
shine on ev'ry land and race.  
Now as evening falls around us,  
we shall raise our songs to you.  
God of daybreak, God of shadows,  
come and light our hearts anew.
- 2 In the stars that grace the darkness,  
in the blazing sun of dawn,  
in the light of peace and wisdom,  
we can hear your quiet song.  
Love that fills the night with wonder,  
love that warms the weary soul,  
love that bursts all chains asunder,  
set us free and make us whole.

- 3 You who made the heaven's splendor,  
ev'ry dancing star of night,  
make us shine with gentle justice,  
let us each reflect your light.  
Mighty God of all creation,  
gentle Christ who lights our way,  
loving Spirit of salvation,  
lead us on to endless day.

## THANKSGIVING FOR LIGHT

Holden Evening Prayer

May God be with you all, **and al-<sup>l</sup> so with you.**

Let us sing our thanks to God. **It is right to give God <sup>l</sup> thanks and praise.**

Blessed are you, Creator of the universe--from old you have led your people by night and day. May the light of your Christ make our darkness bright, for your Word and your presence are the light of our pathways, and you are the light and life of all creation. **Amen.**

## PSALMODY

*Let My Prayer Rise Up*

ELW 232

### *Refrain*

Let my prayer rise up like incense before you,  
the lifting up of my hands as an offering to you.

- 1 O God, I call to you, come to me now;  
oh, hear my voice when I cry to you. *Refrain*
- 2 Keep watch within me, God;  
deep in my heart may the light of your love  
be burning bright. *Refrain*
- 3 All praise to the God of all--Creator of life;  
all praise be to Christ and the Spirit of love. *Refrain*

## SONG

*If You But Trust in God to Guide You*

ELW 769

- 1 If you but trust in God to guide you  
with gentle hand through all your ways,  
you'll find that God is there beside you  
when crosses come, in trying days.  
Trust then in God's unchanging love;  
build on the rock that will not move.
- 2 What gain is there in anxious weeping,  
in helpless anger and distress?  
If you are in your Savior's keeping,  
in sorrow will he love you less?  
For Christ who took for you a cross  
will bring you safe through ev'ry loss.

- 3 The Lord our restless hearts is holding,  
in peace and quietness content.  
We rest in God's good will unfolding,  
what wisdom from on high has sent.  
God, who has chosen us by grace,  
knows very well the fears we face.
- 4 Sing, pray, and keep God's ways unswerving,  
offer your service faithfully.  
Trust heaven's word; though undeserving,  
you'll find this promise true to be.  
This is our confidence indeed:  
God never fails in time of need.

### READING

Isaiah 12:1-6

A reading from Isaiah.

<sup>1</sup>You will say in that day:

I will give thanks to you, O LORD,  
for though you were angry with me,  
your anger turned away,  
and you comforted me.

<sup>2</sup>Surely God is my salvation;

I will trust, and will not be afraid,  
for the Lord GOD is my strength and my might;  
he has become my salvation.

<sup>3</sup>With joy you will draw water from the wells of salvation. <sup>4</sup>And you will say  
in that day:

Give thanks to the LORD,  
call on his name;  
make known his deeds among the nations;  
proclaim that his name is exalted.

<sup>5</sup>Sing praises to the LORD, for he has done gloriously;  
let this be known in all the earth.

<sup>6</sup>Shout aloud and sing for joy, O royal Zion,  
for great in your midst is the Holy One of Israel.

### REFLECTION

Katie Koopman

Long ago God spoke to our ancestors in many and various ways by the prophets,

**but in these last days God has spoken to us by the Son.**

- 1 My soul proclaims your greatness, O God,  
and my spirit rejoices in you,  
You have looked with love on your servant here,  
and blessed me all my life through.  
Great and mighty are you, O holy One,  
strong is your kindness evermore.  
How you favor the weak and lowly one,  
humbling the proud of heart.
- 2 You have cast the mighty down from their thrones,  
and uplifted the humble of heart.  
You have filled the hungry with wondrous things,  
and left the wealthy no part.  
Great and mighty are you, O Faithful One,  
strong is your justice strong your love.  
As you promised to Sarah and Abraham,  
kindness forevermore.
- 3 My soul proclaims your greatness, O God,  
and my spirit rejoices in you.  
You have looked with love on your servant here,  
and blessed me all by life through.

**PRAYERS**

Let us pray to the Lord, the God in heaven above and on the earth beneath.

*A brief silence.*

O Lord our God, show us your everlasting love,  
**that we may serve you from the obedience of our hearts.**

Lead us in the way of your peace,  
**that our souls may be restored.**

Fill our imaginations with the wonders of your creation,  
**that our minds may reflect your glory.**

Guide us in the way of the cross,  
**that we might proclaim the strength of your love.**

O Lord, there is no God like you, in heaven or on earth, keeping covenant in  
steadfast love with your servants who walk before you with all their  
heart. **Amen.**

## **GREAT THANKSGIVING**

### **Dialogue**

The Lord be with you.

**And also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give our thanks and praise.**

### **THANKSGIVING AT THE TABLE**

In the night in which he was betrayed,  
our Lord Jesus took bread, and gave thanks;  
broke it, and gave it to his disciples, saying:  
Take and eat; this is my body, given for you.  
Do this for the remembrance of me.

Again, after supper, he took the cup, gave thanks,  
and gave it for all to drink, saying:  
This cup is the new covenant in my blood,  
shed for you and for all people for the forgiveness of sin.  
Do this for the remembrance of me.

### **THE LORD'S PRAYER**

Gathered into one by the Holy Spirit, let us pray as Jesus taught us.

**Our Father in heaven,**  
    **hallowed be your name,**  
    **your kingdom come,**  
    **your will be done,**  
    **on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins**  
    **as we forgive those**  
    **who sin against us.**

**Save us from the time of trial**  
    **and deliver us from evil.**

**For the kingdom, the power,**  
    **and the glory are yours,**  
    **now and forever. Amen.**

## INVITATION TO COMMUNION

Taste and see that the Lord is good.

### Holy Communion at Saint Andrew's

- *At the table of our Lord Jesus Christ, God nourishes faith, forgives sin, and calls us to be witnesses to the Gospel. In this sacrament the crucified and risen Christ is present, giving his true body and blood as food and drink. This real presence is a mystery. Admission to the Sacrament is by invitation of the Lord, presented through the Church to those who are baptized. This Table of the Lord is open to all the baptized.*
- *Grape juice is available in the center ring of glasses. Gluten-free wafers are available: Please speak to those serving the bread when you come to the rail.*
- *Please follow the guidance of the Worship Hosts, going forward on one side of your section and returning to your seat on the other side.*

## COMMUNION

The body of Christ, given for you.

The blood of Christ, shed for you.

**Amen.**

## BLESSING

Love the Lord your God with all your heart,  
with all your soul,  
with all your mind,  
with all your strength.

Keep these words in your heart.

Recite them to your children and talk about them  
when you are at home and when you are away,  
when you lie down and when you rise.

Bind them as a sign on your hand,  
fix them as an emblem on your forehead,  
and write them on the doorpost of your house.

**Blessed be the Lord, the God of Israel,  
from everlasting to everlasting.**

The peace of God,  
which surpasses all understanding,  
guard your hearts and minds in Christ Jesus.

**Amen.**



- 1 You who dwell in the shelter of the Lord,  
who abide in this shadow for life,  
say to the Lord: "My refuge,  
my rock in whom I trust!"

*Refrain*

- And he will raise you up on eagle's wings,  
bear you on the breath of dawn,  
make you to shine like the sun,  
and hold you in the palm of his hand.
- 2 The snare of the fowler will never capture you,  
and famine will bring you no fear;  
under God's wings your refuge,  
with faithfulness your shield. *Refrain*
  - 3 You need not fear the terror of the night,  
nor the arrow that flies by day;  
though thousands fall about you,  
near you it shall not come. *Refrain*
  - 4 For to the angels God's given a command  
to guard you in all of your ways;  
upon their hands they will bear you up,  
lest you dash your foot against a stone.

*Final refrain*

And he will raise you up on eagle's wings,  
bear you on the breath of dawn,  
make you to shine like the sun,  
and hold you in the palm of his hand;  
and hold you, hold you in the palm of his hand.

**DISMISSAL**

Go in peace. Serve the Lord.

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**TODAY’S MINISTERS FOR WORSHIP**

- Presiding Minister:** Pr. David Frerichs
- Reflection:** Katie Koopman
- Minister for Music:** Clara Smith
- Organist** Sheryl Mehrhoff
- Communion Preparer** Debbie Hedlund
- Visual Projectionist** TBD
- Zoom Tech Director** TBD

**Video Disclaimer:**

When you enter a Saint Andrew’s Lutheran Church worship service/event, you will be entering an area where photography, video and audio recording may occur.

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